



Surah Al-Jumu'ah

Guided Workbook

Introduction

This guided workbook has been created for you to practice taddabur (deep reflection) of the Quran. The workbook consists of a series of questions, carefully crafted based on the Surah Al-Jumu'ah deeper look episodes posted every day during the month of Ramadan on our YouTube channel linked here.

To guide your reflections you are encouraged to watch the corresponding YouTube video each day. There is no right or wrong answer to any of the questions. The goal of this exercise is to contemplate the Quran and how its guidance can help you strengthen your relationship with Allah.

This is a blessed Scripture which We sent down to you [Muhammad], for people to think about its messages and for those with understanding to take heed.

There is a page for your reflections at the end of each episode section—a space where you can express your thoughts and spiritual aspirations based on your reflections from that day.

May Allah make this guided workbook a daily source of inspiration and reflection during the month of Ramadan for you and a lasting testament to your efforts to deepen your connection with the teachings of the Quran.

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3. Reflect on the idea of sacrifice and commitment in Islam. How loes this relate to your own journey in strengthening your faith?	
l. Explore the concepts of tasbih and hamd. How does this contribute to your understanding of Allah ♣?	
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to it. How can having trust in Allah's wisdom help you similar challenges in the future with greater resilience	navigate
2. Consider a time where you may have struggled with in your beliefs or actions. How can you strive to align your withoughts and deeds more closely with your faith values?	_
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3. Explore moments of gratitude and awe in your daily life that remind you of Allah's perfection and wisdom. How can you cultivate a habit of mindful reflection on these moments to deepen your connection with Allah and find greater contentment in His decree?
4. Contemplate instances in your daily routine where you can incorporate tasbeeh into your worship. How can cultivating a mindset of constant acknowledgment and praise of Allah's perfection enhance your spiritual journey?

 Think about moments when you've econfusion about Allah's plan. How can and the precision of Allah's design help trusting His guidance and wisdom? 	the understanding of tasbih
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beauty in creation. How can these experience to the Creator and inspire g	eriences deepen your ratitude in your daily life?

3. Consider your own pursuit of beauty and perfection in various aspects of your life, such as work, relationships or personal interests. How can this pursuit be aligned with seeking closeness to Allah and reflecting His attributes?	
4. Take a moment to contemplate some of Allah's names mentioned by Ustadh (e.g., Al-Malik, Al-Quddus). How can reflecting on these names help you cultivate qualities like humility,	
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1. Share an instance when you had authority or a leadership role. Did you approach it with humility and wisdom or were there lesso to be learned? How can you apply these insights to future eadership opportunities?	ns
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acknowledging that all power and respect ultimately come from Allah impact your gratitude and humility in your achievements?	
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3. Share a personal experience where actively studying the beyond just reading a translation, has impacted your persulife. How can you incorporate regular Quranic study sessions your schedule for ongoing growth?	spective on
4. Imagine the impact of consistently engaging with the C your daily life. How can this practice influence your thoug	uran in
4. Imagine the impact of consistently engaging with the C your daily life. How can this practice influence your thoug	Ouran in hts,
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How did you	r instances in your life when you felt underestimated. bu overcome such perceptions and what strengths did er within yourself?	
dua you ma	the impact of sincere dua in your life. Recall a specific ade and how it influenced your journey. What lessons aw from this experience?	
dua you ma can you dra	ade and how it influenced your journey. What lessons aw from this experience?	
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3. Contemplate the different interpretations of Quranic ayahs or religious teaching in your life. How did encountering diverse perspectives influence your own understanding and personal connection with the text?	
4. Reflect on your approach to critical thinking and acceptance when encountering new religious ideas or interpretations. How do	
4. Reflect on your approach to critical thinking and acceptance when encountering new religious ideas or interpretations. How do this balance contribute to your personal growth and understanding of spirituality?	g
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How do you daily interact	demonstrate respections?	t and kindness towar	d them in your
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 How do you currently approach your Quways can you enhance both the intellectual 	
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aligned with required by		d morality,			explicitly
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Share an instance where a hadith infl your behavior or mindset.	uenced a positive change in
	ately followed a command
from Allah without hesitation. How did th	nat experience impact your
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from Allah without hesitation. How did the faith?	nat experience impact your

1. What steps can you take to cultivate resilience and perseveran in areas of your life where you may be facing challenges or setbacks?	ce
2. How do you currently maintain a connection to your cultural identity? Are there specific traditions or practices that hold	
2. How do you currently maintain a connection to your cultural identity? Are there specific traditions or practices that hold significance for you?	
2. How do you currently maintain a connection to your cultural identity? Are there specific traditions or practices that hold significance for you?	
2. How do you currently maintain a connection to your cultural identity? Are there specific traditions or practices that hold significance for you?	
2. How do you currently maintain a connection to your cultural identity? Are there specific traditions or practices that hold significance for you?	
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2. How do you currently maintain a connection to your cultural identity? Are there specific traditions or practices that hold significance for you?	
2. How do you currently maintain a connection to your cultural identity? Are there specific traditions or practices that hold significance for you?	

someone from a	different cultural ba	earned something va ackground or belief s perspective or under	ystem?
with diverse pers		ek out opportunities t res in your communit	
with diverse perscircles?	spectives and cultur		y or social
with diverse pers	spectives and cultur	res in your communit	y or social
with diverse pers	spectives and cultur	res in your communit	y or social
with diverse pers	spectives and cultur	res in your communit	y or social
with diverse pers	spectives and cultur	res in your communit	y or social
with diverse pers	spectives and cultur	res in your communit	y or social
with diverse pers	spectives and cultur	res in your communit	y or social
with diverse pers	spectives and cultur	res in your communit	y or social

advantages in your life. How did this experience shape your gratitude and perspective on abundance? What lessons did you learn about recognizing and appreciating the favors of Allah in your life?
2. Consider your attitudes towards cultural identity and religious diversity. How have your perceptions been influenced by your
upbringing and experiences?
upbringing and experiences?

or tribalism in your religious community. How did these experiences impact your relationships and sense of belonging? What steps can you take to foster inclusivity and understanding within your community?
4. Explore your understanding of obedience and love for Allah. How
in your daily life? Reflect on the impact of seeking Allah's pleasure and companionship on your spiritual journey.
in your daily life? Reflect on the impact of seeking Allah's pleasure
in your daily life? Reflect on the impact of seeking Allah's pleasure and companionship on your spiritual journey.
in your daily life? Reflect on the impact of seeking Allah's pleasure and companionship on your spiritual journey.
in your daily life? Reflect on the impact of seeking Allah's pleasure and companionship on your spiritual journey.
in your daily life? Reflect on the impact of seeking Allah's pleasure and companionship on your spiritual journey.

Reflect on instances in your life where you have experienced privilege. Elaborate on how this privilege was accompanied by a sense of responsibility.
upholding the principles of the Quran. How can you learn from these mistakes and make positive changes moving forward?
upholding the principles of the Quran. How can you learn from
upholding the principles of the Quran. How can you learn from these mistakes and make positive changes moving forward?
upholding the principles of the Quran. How can you learn from these mistakes and make positive changes moving forward?
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upholding the principles of the Quran. How can you learn from these mistakes and make positive changes moving forward?
upholding the principles of the Quran. How can you learn from these mistakes and make positive changes moving forward?

3. Consider practical steps to strengthen relationships and promote a sense of community within your personal circle.				
A Share personal experie	unces of honofiting from the knowledge			
and guidance of scholars	ences of benefiting from the knowledge and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			
and guidance of scholars spiritual journey.	and how it has positively influenced your			

5. Examine the content you expose yourself to. Are there elements that might be harmful, spiritually or mentally? How can you actively choose knowledge that benefits you and aligns with your values?	
6. Reflect on instances where you may have felt envious or resentful of others' success. How can you shift this mindset to genuinely celebrate the success of others and wish well for them?	
resentful of others' success. How can you shift this mindset to	
resentful of others' success. How can you shift this mindset to genuinely celebrate the success of others and wish well for them?	
resentful of others' success. How can you shift this mindset to genuinely celebrate the success of others and wish well for them?	
resentful of others' success. How can you shift this mindset to genuinely celebrate the success of others and wish well for them?	

how aligning	hallenges or diffic g your actions with enges and contrib	h Allah's guidanc	e can potentially ease
inoco onane	origod aria doriano		mornous mo.
recitation to	truly understand specific actions or	and apply its tead	w can you go beyond chings in your daily n make to strengthen
recitation to life? Share s this connect	truly understand specific actions or	and apply its tead	chings in your daily
recitation to life? Share s this connect	truly understand specific actions or tion.	and apply its tead	chings in your daily
recitation to life? Share s this connect	truly understand specific actions or tion.	and apply its tead	chings in your daily n make to strengthen
recitation to life? Share s this connect	truly understand specific actions or tion.	and apply its tead	chings in your daily n make to strengthen
recitation to life? Share s this connect	truly understand specific actions or tion.	and apply its tead	chings in your daily n make to strengthen
recitation to life? Share s this connect	truly understand specific actions or tion.	and apply its tead	chings in your daily n make to strengthen
recitation to life? Share s this connect	truly understand specific actions or tion.	and apply its tead	chings in your daily n make to strengthen
recitation to life? Share s this connect	truly understand specific actions or tion.	and apply its tead	chings in your daily n make to strengthen

outine to edaily life?	_		l well-beinç	g and find tr	anquility in
				to raising a	
4. In your o	own life, ho nected to hat future	ow can you the Quran? generation	contribute? What pers	to raising a	generation can you take
4. In your o deeply con to ensure t	own life, ho nected to hat future of the Qura	ow can you the Quran? generation an?	contribute What pers s understa	to raising a sonal steps	generation can you take by the
4. In your of deeply con to ensure to teachings of	own life, ho nected to hat future of the Qura	ow can you the Quran? generation an?	contribute What pers s understa	to raising a sonal steps nd and live	generation can you take by the
4. In your of deeply con to ensure to teachings of	own life, ho nected to hat future of the Qura	ow can you the Quran? generation an?	contribute What pers s understa	to raising a sonal steps nd and live	generation can you take by the
4. In your of deeply con to ensure to teachings of	own life, ho nected to hat future of the Qura	ow can you the Quran? generation an?	contribute What pers s understa	to raising a sonal steps nd and live	generation can you take by the
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4. In your o	own life, honected to hat future of the Qura	ow can you the Quran? generation an?	contribute? What pers	to raising a sonal steps and and live	generation can you take by the
4. In your o	own life, honected to hat future of the Qura	ow can you the Quran? generation an?	contribute? What pers	to raising a sonal steps and and live	generation can you take by the
4. In your o	own life, honected to hat future of the Qura	ow can you the Quran? generation an?	contribute? What pers	to raising a sonal steps and and live	generation can you take by the
4. In your o	own life, honected to hat future of the Qura	ow can you the Quran? generation an?	contribute? What pers	to raising a sonal steps and and live	generation can you take by the

nighlighted in Surah Al-Jumu'	etween knowledge and critical thinking ah. How can you apply this wisdom to f the Quran and make meaningful during Ramadan?
2. Share examples from your reflection has led to personal	Ramadan experiences where critical insights or spiritual growth, enriching and faith.
2. Share examples from your reflection has led to personal your journey of self-discovery	Ramadan experiences where critical insights or spiritual growth, enriching
2. Share examples from your reflection has led to personal your journey of self-discovery	Ramadan experiences where critical insights or spiritual growth, enriching and faith.
2. Share examples from your reflection has led to personal your journey of self-discovery	Ramadan experiences where critical insights or spiritual growth, enriching and faith.
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2. Share examples from your reflection has led to personal your journey of self-discovery	Ramadan experiences where critical insights or spiritual growth, enriching and faith.
2. Share examples from your reflection has led to personal your journey of self-discovery	Ramadan experiences where critical insights or spiritual growth, enriching and faith.

B. How does the Quran challenge conventional notions of ntellectualism and education, as illustrated in Surah Al-Jumu'ah? Reflect on how you can cultivate intellectual humility during Ramadan in your pursuit of knowledge and understanding.				
	oast Ramadan ex ost meaningful for		t practices or rituals rowth?	
nave been mo		r your spiritual g	rowth?	
nave been mo	ost meaningful for	r your spiritual g	rowth?	
nave been mo	ost meaningful for	r your spiritual g	rowth?	
nave been mo	ost meaningful for	r your spiritual g	rowth?	
nave been mo	est meaningful for	r your spiritual g	rowth?	
nave been mo	ost meaningful for	r your spiritual g	rowth?	
nave been mo	est meaningful for	r your spiritual g	rowth?	
nave been mo	est meaningful for	r your spiritual g	rowth?	
nave been mo	est meaningful for	r your spiritual g	rowth?	

1. How can understanding the linguistic nuances of Quranic terms enhance your interpretation of Islamic teachings? What words stood out to you in this series that you gained a deeper understanding of?
2. Consider how a deeper understanding of Quranic verses and
Arabic language can enrich your spiritual journey. What steps can you take to deepen your knowledge in these areas?

3. Reflect o are you tak	_		nd deepen t	this connec	tion?
4. Reflect o	on any barri	iers or chall	enges hinde	ering your re	elationship
with Allah.	How do the nnection w	ese challenç	ges impact y	ering your ro your ability t tegies do yo	o maintain
with Allah. a strong co	How do the nnection w	ese challenç	ges impact y	your ability t	o maintain
with Allah. a strong co to overcom	How do the onnection when them?	ese challenç ith Allah an	ges impact y d what strat	your ability t	to maintain ou employ
with Allah. a strong co to overcom	How do the onnection was them?	ese challenç ith Allah an	ges impact y d what strat	your ability t	o maintain ou employ
with Allah. a strong co to overcom	How do the onnection when them?	ese challenç ith Allah an	ges impact y d what strat	your ability t	to maintain ou employ
with Allah. a strong co to overcom	How do the onnection when them?	ese challenç ith Allah an	ges impact y d what strat	your ability t	to maintain ou employ
with Allah. a strong co	How do the onnection when them?	ese challeng	ges impact y	your ability t	to maintain ou employ
with Allah. a strong co	How do the onnection when them?	ese challenç	ges impact y	your ability t	to maintain ou employ
with Allah. a strong co	How do the onnection when them?	ese challenç	ges impact y	your ability t	to maintain ou employ
with Allah. a strong co	How do the onnection was them?	ese challeng	ges impact y	your ability t	to maintain ou employ
with Allah. a strong co	How do the onnection was them?	ese challeng	ges impact y	your ability t	to maintain ou employ
with Allah. a strong co	How do the onnection when them?	ese challeng	ges impact y	your ability t	to maintain ou employ
with Allah. a strong co	How do the onnection was them?	ese challeng	ges impact y	your ability t	to maintain ou employ

from Allah.	n the concept of How does this ur your relationship	nderstanding influ	ence your perspective
2. Reflect on a conflict be How did you	n any moments i etween hope and u navigate this in	n your life where y fear in your relati ternal struggle?	ou have experienced onship with Allah.
2. Reflect or a conflict be How did you	n any moments i etween hope and u navigate this in	n your life where y fear in your relati ternal struggle?	ou have experienced onship with Allah.
2. Reflect or a conflict be How did you	n any moments i etween hope and u navigate this in	n your life where y fear in your relati ternal struggle?	ou have experienced onship with Allah.
2. Reflect or a conflict be	n any moments in any moments in a navigate this in	n your life where y fear in your relati ternal struggle?	ou have experienced onship with Allah.
2. Reflect or	n any moments in atween hope and unavigate this in	n your life where y fear in your relati ternal struggle?	ou have experienced onship with Allah.
2. Reflect of a conflict be	n any moments in etween hope and u navigate this in	n your life where y fear in your relati ternal struggle?	ou have experienced onship with Allah.

3. Consider any instances where you have prioritized worldly desires over your relationship with Allah. How did this affect your spiritual well-being and what lessons did you learn from the experience?
4. Explore any tendencies to focus solely on Allah's mercy while neglecting the concept of accountability. How can you cultivate a balanced perspective that encompasses both aspects of Allah's nature?
neglecting the concept of accountability. How can you cultivate a balanced perspective that encompasses both aspects of Allah's
neglecting the concept of accountability. How can you cultivate a balanced perspective that encompasses both aspects of Allah's nature?
neglecting the concept of accountability. How can you cultivate a balanced perspective that encompasses both aspects of Allah's nature?
neglecting the concept of accountability. How can you cultivate a balanced perspective that encompasses both aspects of Allah's nature?
neglecting the concept of accountability. How can you cultivate a balanced perspective that encompasses both aspects of Allah's nature?
neglecting the concept of accountability. How can you cultivate a balanced perspective that encompasses both aspects of Allah's nature?

1. Reflect on your own attitude towards death. How does the reminder of death in the Quranic verses discussed impact your perspective on life and the choices you make?	
2. Consider times when you may have prioritized outward	
appearances over inner sincerity in your religious practices. Howan you work towards aligning your actions with genuine faith a intentionality?	nd
can you work towards aligning your actions with genuine faith a intentionality?	nd
can you work towards aligning your actions with genuine faith a intentionality?	nd

understanding		w might your appro	pach to studying
2. How can yo	u align your study	y of the Quran with	
2. How can yo	u align your study		
2. How can yo	u align your study		
2. How can yo ust gaining kn	ou align your study nowledge but evol	ving your mindset	?
2. How can yo ust gaining kn	ou align your study nowledge but evol	ving your mindset	?
2. How can yo ust gaining kn	ou align your study nowledge but evol	ving your mindset	?
2. How can yo ust gaining kn	ou align your study	ving your mindset	?
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2. How can yo ust gaining kn	ou align your study	ving your mindset	?
2. How can yo ust gaining kn	ou align your study	ving your mindset	?
2. How can yo ust gaining kn	ou align your study	ving your mindset	?
2. How can yo ust gaining kn	ou align your study	ving your mindset	?

3. Identify areas in your life where external distractions, similar to business or trade, might be hindering your spiritual growth. How can you strike a balance between your worldly responsibilities and your commitment to spiritual development?	i
4. What practical steps can you take to ensure that the Friday prayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	
orayer becomes a transformative experience, reinforcing the light within you?	

 How does the Adhan play a re routine? Reflect on a specific ins mpact on your actions. 	ble in shaping your daily life and stance when the call to prayer had a
2. In your personal life, what see orayer and what kind of spiritual	• •
2. In your personal life, what see orayer and what kind of spiritual	• •
2. In your personal life, what see orayer and what kind of spiritual yourself? Can you share a speciorayer?	harvest do you envision for
2. In your personal life, what see orayer and what kind of spiritual yourself? Can you share a speciorayer?	harvest do you envision for fic success attributed to consistent
2. In your personal life, what see orayer and what kind of spiritual yourself? Can you share a speciorayer?	harvest do you envision for fic success attributed to consistent
2. In your personal life, what see orayer and what kind of spiritual yourself? Can you share a speciorayer?	harvest do you envision for fic success attributed to consistent
2. In your personal life, what see orayer and what kind of spiritual yourself? Can you share a speciorayer?	harvest do you envision for fic success attributed to consistent

	3. In moments of conflicting priorities, how do you ensure that brayer maintains its significance in your life?						
17 -			,	, ,	-		
4. Wha	t specific	c goals	do you h	nave for to achiev	personal ve them?	growth ir	ı prayer
4. Wha	t specific	c goals ow do y	do you h ou plan	nave for p	personal ve them?	growth ir	ı prayer
4. Wha	t specific	goals ow do y	do you h	nave for particular to achiev	personal ve them?	growth ir	ı prayer
4. Wha	at specific th and he	c goals ow do y	do you h	nave for patternation	personal ve them?	growth ir	ı prayer
4. Wha	at specific th and he	c goals ow do y	do you h	nave for particular to achieve	personal ve them?	growth ir	prayer
4. Wha	at specific	c goals ow do y	do you h	nave for particular to achieve	personal ve them?	growth in	prayer
4. Wha	at specific	c goals ow do y	do you h	nave for particular to achieve	personal ve them?	growth in	prayer
4. Wha	at specific	c goals ow do y	do you h	nave for particular to achieve	personal ve them?	growth in	prayer
4. Wha	at specific	c goals ow do y	do you h	nave for particular to achieve	personal ve them?	growth in	prayer
4. Wha	at specific	c goals ow do y	do you h	nave for particular to achieve	personal ve them?	growth in	prayer

1. How can the wisdom shared during Jumu'ah be practically applied to your everyday decisions and interactions?				
2. In what ways do you feel a sense of community support during Jumu'ah and how can you extend this support to enhance your personal well-being?				
2. In what ways do you feel a sense of community support during Jumu'ah and how can you extend this support to enhance your personal well-being?				
2. In what ways do you feel a sense of community support during Jumu'ah and how can you extend this support to enhance your personal well-being?				
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2. In what ways do you feel a sense of community support during Jumu'ah and how can you extend this support to enhance your personal well-being?				
2. In what ways do you feel a sense of community support during Jumu'ah and how can you extend this support to enhance your personal well-being?				

your relations	•	and friends? In	l'ah be integrated into what ways can these ones?
	ou leverage tech without losing it		nce your personal
			nce your personal

3. How does your attendance or non-attendance at Jumu'ah impayour personal spiritual journey? Can you recall a moment when attending Jumu'ah prayer had a noticeable positive effect on your mindset or daily life?	ſ
olayed a role. What was the outcome and what did you learn from that experience? In what ways can incorporating taqwa influence	า
4. Reflect on a specific financial decision where prioritizing taqwa played a role. What was the outcome and what did you learn from that experience? In what ways can incorporating taqwa influence your daily financial choices and decisions?	า
olayed a role. What was the outcome and what did you learn from that experience? In what ways can incorporating taqwa influence your daily financial choices and decisions?	1
played a role. What was the outcome and what did you learn from that experience? In what ways can incorporating taqwa influence your daily financial choices and decisions?	n
played a role. What was the outcome and what did you learn from that experience? In what ways can incorporating taqwa influence your daily financial choices and decisions?	n
played a role. What was the outcome and what did you learn from that experience? In what ways can incorporating taqwa influence your daily financial choices and decisions?	n
played a role. What was the outcome and what did you learn from that experience? In what ways can incorporating taqwa influence your daily financial choices and decisions?	1
played a role. What was the outcome and what did you learn from that experience? In what ways can incorporating taqwa influence your daily financial choices and decisions?	n

1. How can the concept of living the dhikr of Allah be translated into your everyday actions and behavior?					
			you made. nat decisior	How were I	slamic
			-		slamic
ethical prin	iciples cons	sidered in t	nat decisior		
ethical prin	iciples cons	sidered in t	nat decisior	1?	
ethical prin	nciples cons	sidered in the	nat decisior	1?	
ethical prin	nciples cons	sidered in the	nat decisior	n? 	
ethical prin	nciples cons	sidered in the	nat decisior	n? 	
ethical prin	iciples cons	sidered in the	nat decisior	n? 	
ethical prin	nciples cons	sidered in the	nat decisior	n?	
ethical prin	iciples cons	sidered in the	nat decisior	n?	
ethical prin	iciples cons	sidered in the	nat decisior	1?	

 Share specific instances where navigating contemporary issues or 	
n your daily activities. How do you	
n your daily activities. How do you throughout the day?	maintain a connection with Allah
n your daily activities. How do you throughout the day?	maintain a connection with Allah
n your daily activities. How do you	maintain a connection with Allah
	maintain a connection with Allah
n your daily activities. How do you	maintain a connection with Allah

personal go	on instances pals or priori ed on your go	ties. What s	strategies ca	ın you impler	
even when	faced with o	nere you m	aintained yo How do you	ur moral star uphold your umstances?	
even when principles in	faced with on daily life, e	nere you machallenges.	aintained yo How do you difficult circ	ur moral star uphold your umstances?	
even when principles in	faced with on daily life, e	nere you machallenges.	aintained yo How do you difficult circ	ur moral star uphold your umstances?	
even when principles in	faced with on daily life, e	nere you m challenges. especially in	aintained yo How do you difficult circ	ur moral star uphold your umstances?	
even when principles in	faced with on daily life, e	here you machallenges.	aintained yo How do you difficult circ	ur moral star uphold your umstances?	
even when principles in	faced with on daily life, e	here you machallenges.	aintained yo How do you difficult circ	ur moral star uphold your umstances?	
even when principles in	faced with on daily life, e	here you machallenges.	aintained yo How do you difficult circ	ur moral star uphold your umstances?	
even when principles in	faced with on daily life, e	here you machallenges.	aintained yo How do you difficult circ	ur moral star uphold your umstances?	

3. Your cultural background shapes your views on success, status and value. Are there aspects of your cultural upbringing that you've embraced or questioned in defining your own values?					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					
4. Consider a situation where adhering to a moral or ethical principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles in your daily life to navigate challenges more effectively?					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					
principle seemed challenging but ultimately led to positive outcomes. How can you apply divine wisdom or guiding principles					

1. What specific language choices can you make to preserve the dignity of others, especially in challenging situations?					
nfluenced	n instance w someone's i	/here your ounderstand	communicat ling or action	tion style pons.	ositively
nfluenced	n instance w someone's i	here your ounderstand	communicat ling or action	tion style po	ositively
nfluenced	n instance w someone's (here your o	communicat	tion style po	ositively
nfluenced	n instance w someone's (here your o	communicat	tion style po	ositively
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nfluenced	n instance w someone's (here your o	communicat	tion style pons.	ositively
nfluenced	n instance w	here your o	communicat	tion style pons.	ositively

3. What steps can you take to become more attuned to the unspoken feelings of those around you, similar to the Prophet's sensitivity?					
style in your	personal and	professional life?	opt a gentle leaders		
style in your	personal and	professional life?	?		
style in your	personal and	professional life?			
style in your	personal and	professional life?	?		
style in your	personal and	professional life?	?		
style in your	personal and	professional life?			
style in your	personal and	professional life?	?		
style in your	personal and	professional life?			
style in your	personal and	professional life?			
style in your	personal and	professional life?			
style in your	personal and	professional life?			

entertainmo remembrar	recall mom ent affected nce of Allah	l your individ?	dual relation	iship with th	ne
orayers and	r the persor d ethical co in your pers	nal obligatio	ns set by Is		_
orayers and obligations	d ethical cor	nal obligatio nduct. How sonal life?	ns set by Is well do you	prioritize th	nese
orayers and obligations	d ethical col	nal obligatio nduct. How sonal life?	ns set by Is well do you	prioritize th	nese
orayers and	d ethical cor	nal obligatio nduct. How sonal life?	ns set by Is well do you	prioritize th	nese
orayers and obligations	d ethical col	nal obligatio nduct. How sonal life?	ns set by Is well do you	prioritize th	nese
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orayers and obligations	d ethical cor	nal obligatio nduct. How sonal life?	ns set by Is well do you	prioritize th	nese
orayers and obligations	d ethical col	nal obligatio nduct. How sonal life?	ns set by Is well do you	prioritize th	nese
orayers and obligations	d ethical col	nal obligatio nduct. How sonal life?	ns set by Is well do you	prioritize th	nese

beyond mat		al understanding o	
to improve t	he balance betwe	ons, outline specif	ic steps you can take gements and
to improve t	he balance betwe	•	• •
to improve to spiritual con	he balance betwo	een personal enga	gements and
to improve t spiritual con	he balance betwo	een personal enga	gements and
to improve t spiritual con	he balance betwo	een personal enga	gements and
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