

## WORKBOOK



## INTRODUCTION

This notebook has been created for the purpose of tadabbur, which refers to the introspective reflection that each individual is expected to undertake. When utilized by experts, tadabbur has the potential to provide insights similar to those found in tafsir, which is the interpretation of the Quran.

Tadabbur, when applied to the heart, acts as a strainer through which all our Quranic studies must pass. It determines whether what we learn is meaningful and has an impact or if it is meaningless and distorted.

What we imply is that our ability to engage in tadabbur stems from our faith and willingness to receive guidance. To remain on the right path, we must constantly clean this filter that we use.

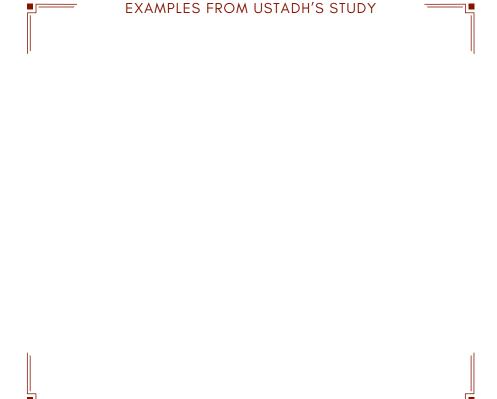
We recommend that you utilize this comprehensive booklet as a guide to follow along the process of tadabbur of Surah An-Najm. With the aid of this booklet, you can delve deeper into the surah, gaining a richer and more profound understanding of its meanings and significance. So, take advantage of this valuable resource and unlock the full potential of your learning journey.



The focus is on the understanding we gain from examining the language of Surah An-Najm. While translations may provide us with some understanding, it is essential to seek a direct connection with the divine words for a more comprehensive insight.

#### Key questions:

- 1. Why did Allah use this particular word in this place?
- 2. What do the grammar and sentence structure help me appreciate?



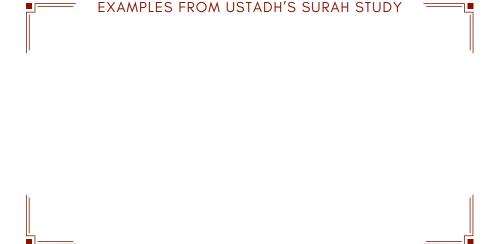


# THE WORLD OF SURAH AN-NAJM

Surah An-Najm shows us different aspects of the world, and we can better understand its message by learning about these aspects (or by being careful when guessing if we don't know).

#### Key questions:

- 1. The world of revelation: what should I consider about the time, place and hearers of Surah An-Najm (believers and opponents) as it was being sent down?
- 2. The worlds of past nations: what light does studying history shed on those stories and references in Surah An-Najm?
- 3. The world of creation: what does studying science provide in uncovering depths of meaning in divine descriptions of life and the universe?





## MY EXPERIENCE

The Message that Allah sent is intended for all of us, with an awareness of our necessities, imperfections, and abilities. Our comprehension of the message can be enriched by a deeper understanding of ourselves. Personal interpretations of this Surah can have an impact on us as individuals.

#### Key questions:

- 1. How can I ponder the layers of my existence, and the facets of my personality, so that this Surah holds a mirror up to me?
- 2. What can I learn from my relationships with other people, and roles I have experienced, that would help me understand the teachings and examples in the Scripture?

EXAMPLES FROM USTADH'S SURAH STUDY



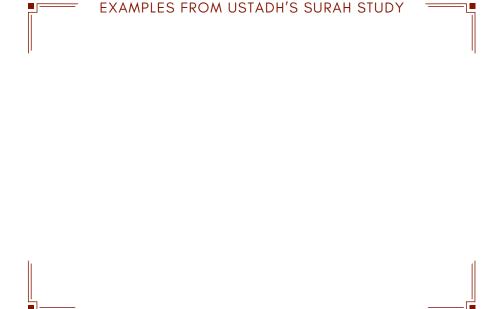


## CONNECTIONS

When reflecting on a particular ayah, it is essential to move beyond it and examine other sections of the text.

#### Key questions:

- 1. Immediate context: what do the surrounding ayat make me realize about this one?
- 2. The surah: is there a unifying theme that leads me to understand this ayah on another level?
- 3. The whole Quran: what other passages have relevance to, or resonance with, the ayah I am reflecting upon?
- 4. Beyond the Quran: what other texts, particularly from the Hadith and Sirah of the Prophet (saw), help me to understand this ayah in context and ponder it more deeply?





### GENERAL LESSONS

The Quran often gives specific examples that teach us a general lesson. We can use this lesson in other situations too. However, some conclusions, such as legal rulings, should be left to expert scholars.

### Key questions:

- 1. How can I express the basic meaning of this ayah as a general principle, lesson, or fact of life?
- 2. What other cases is this general point relevant to, and what analogous situations help me appreciate the wisdom of this ayah more?

EXAMPLES FROM USTADH'S SURAH STUDY



# VOCABULARY BANK

Use this page to note any new words you encountered in the surah.

# PERSONAL ACTION PLAN

Use this page to note any actions surah An-Najm has called you to, and changes you're inspired to make from today and after Ramadan.

## WHERE TO NOW?

We invite you to continue your journey after A Deeper Look: Surah An-Najm by getting active on BayyinahTV.com, a platform all about connecting with the Quran.

With more than 2,000 hours of video lessons delivered monthly. Ustadh Nouman Ali Khan guides you through a practical approach to learning the Quran.

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